



*Respect, Belonging and Fun Engaged Learning*

## *Leadership News*

### **Grandparents Day - postponed to next year**

COVID restrictions including social distancing of adults remain a condition for schools. Due to COVID requirements, we will not be holding Grandparents Day this year. We look forward to Grand Parents Day recommencing in 2021, when COVID restrictions have been removed. At this stage with restrictions, we are not planning an end of year concerts. If restrictions change, we will reconsider this.

We appreciate the support from our families this year in following COVID restrictions to keep our students and staff safe. Extra cleaning in the school and hygiene measures continue to be a high priority. Schools are not required to have COVID Marshals, however Toulia Girgolas and I decided to do the COVID Marshal training and are now qualified COVID Marshals. We did manage to have the student discos this term, which was really enjoyed by students attending.

Unfortunately swimming and aquatics could not go ahead this year, however the swimming program for R-5 has been booked in for Weeks 9/10 in the first term 2021.

The Year 7 to High School transitions will take place on the 3<sup>rd</sup> and 4<sup>th</sup> December state wide for all state schools. Further details will be sent home with your child as High Schools finalise their format for the two days.

School photographs this year will be held over 2 days, Friday, 16<sup>th</sup> October, first week of Term 4 and Monday, 19<sup>th</sup> October the following week.

Recently our students engaged in State testing and it was pleasing to see students achieving well and making pleasing progress.

We wish all students a safe holiday and look forward to students returning ready to work hard to make great progress and enjoy their learning in Term 4.

Cherie Collings  
Principal

### **School Closure Day**

Our school's is having a School Closure Day is on **Friday, 13h November 2020**. OSHC is open for bookings.

### ***Dates to Remember***

#### **Term 4**

#### **Week 1**

**Friday,  
16th October**

**School Photo  
Day**

#### **Week 2**

**19th - 23rd  
October**

**BOOK WEEK**

**Monday,  
19th October**

**School Photo  
Day**

**Thursday,  
22nd October**

**Girl Inside  
Performance R-6**

#### **Week 3**

**Rooms 27 & 28  
Market Day**

Principal  
Mrs Cherie Collings

Deputy Principal  
Mr Sam Konnis

The Pines School  
P.O. Box 576  
SALISBURY SOUTH SA 5106

Phone: 8281 2199  
Fax: 8281 5858

E-mail:  
dl.1777.info@schools.sa.edu.au  
Web: www.thepines.sa.edu.au



# WELLBEING CORNER



As we come to the end of Term 3, I would like to share some of the things we have done to support the wellbeing of our students. Earlier in the term, we had The Girl Gang come in to work with our upper primary girls - teaching them about healthy eating, positive thinking and using yoga as a mindfulness tool.

We also had The Carly Ryan Foundation in to discuss the importance of online safety with our Year 5-7's.

All students have participated in a wellbeing survey, to gather data about student wellbeing and learning. Teachers are currently reviewing this data to find opportunities for growth in particular areas.

Teachers and SSO's spent their pupil free day learning more about Positive Education and Character Strengths, that we will all continue to embed into our everyday teaching practices. Some of our junior primary teachers participated in Kimochis training to further support their student's social and emotional learning in the classroom and others completed SHINE training to support their teaching of relationships and sexual health.

Two of our SSO's, Jodie and Lisa, have been working tirelessly to organise and set up our new sensory room which is now complete! They have been working with a small group of individual children over the past few weeks to introduce them to the room, teach them about the 5 point scale for emotional regulation and determine their sensory needs. They have seen some very positive results and are looking forward to working with additional children next term.

Next term iKiDs, a service of Relationships Australia, is offering an evidence based drumming program that will support students that are currently affected by divorce or separation. This program has been identified to help children and youth develop skills in the areas of teamwork and cooperation, confidence and self-discipline, emotional expression, regulation, relationships and self-esteem. If you would like your child to be included in this program, please contact me via email at [christin.valley109@schools.sa.edu.au](mailto:christin.valley109@schools.sa.edu.au) or by phone.

Mrs K. and I will continue to work with individuals and small groups with social skills, social/emotional wellbeing and self management.

**Holiday Challenge** - One of the suggestions made during our Positive Education training was to share 3 things you are grateful for each day - try this around the dinner table with your family if you have the chance. The logic behind it is to focus on the positive things, as opposed to the negative things, that are happening within your lives. I hope you have a safe and relaxing school holidays.

--Ms Valley

## Community Help for Families

There are times in our lives that we may need a little help to get by. This year in particular has presented many challenges to families, with COVID 19 affecting many areas of our lives and the economy. Families are not alone though. South Australia has many different organisations geared up to helping families in their time of need. I have collated a few of them below and the Affordable SA app (or website) is a great place to start.

**Affordable SA** is an organisation run by the South Australian Government and the Salvation Army. It has a wealth of information on all aspects of living in SA, with an emphasis on finding affordable and free services ranging from food, mental health and transport to housing, domestic violence, money and finances. [www.affordablesa.com.au](http://www.affordablesa.com.au) and the App.

**Puddle Jumpers** is a non-profit, non-government organisation committed to responding to the social development needs of society's most vulnerable children and young people. 'We believe that *all kids matter* and deserve the right to engage in happy and fun experiences in their life'. It can be found online at: <https://www.puddlejumpers.org.au/>

**Heart and Soul** is another organisation which can be found on Facebook or online at: [www.heartandsoul.org](http://www.heartandsoul.org) and has the following vision: 'Our vision is to create a South Australia where *food is not wasted and no one goes hungry*'.

**ASK IZZY** is a free and anonymous website where you can search over 360,000 services to find housing, meals, healthcare, counselling, legal advice, and a whole lot more. For food relief charities in your area, search using your postcode or suburb name: <https://askizzy.org.au/food/>

# DISCO

"I liked dancing to the music and playing with my friends." Zander



"The best thing was doing the Conga." Bronx

"We got to dance to Savage Love." Amelia

Last Thursday night we had the School discos. Not even the miserable weather could dampen our spirits! A special thanks to the leadership, teachers, SSOs and Miss Caroline for volunteering their time. A huge shout out to Mrs Turnbull who came back for our end of term celebration with her husband DJ Kurt and family. We appreciated them giving up their time and skills. It made the night a great success. We raised \$470, the SRC has chosen to donate this money to The Smith Family.

Here are some of the things that the students said about the evening.

Miss Keryl

"I had fun with my friends dancing." Niharika

"It was great playing 4 Corners (spin the bottle) Game and Limbo."

Wesley



"I liked meeting my friends there." Adrienne



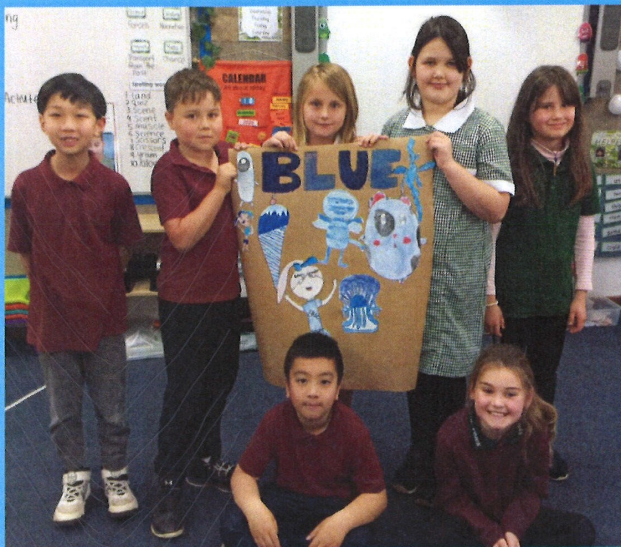
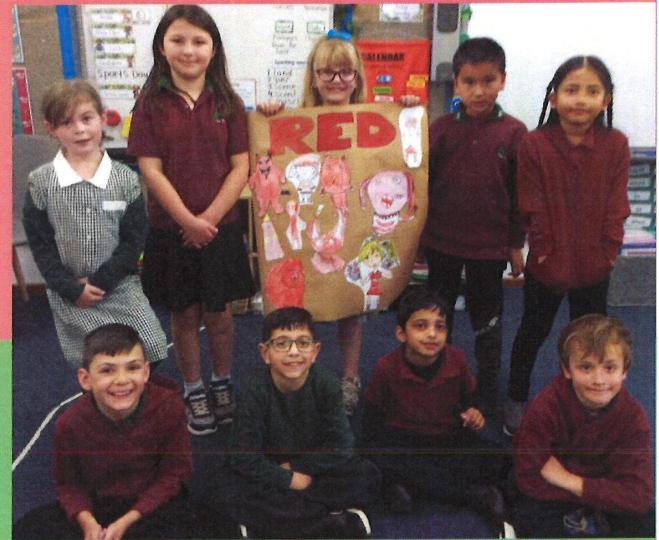
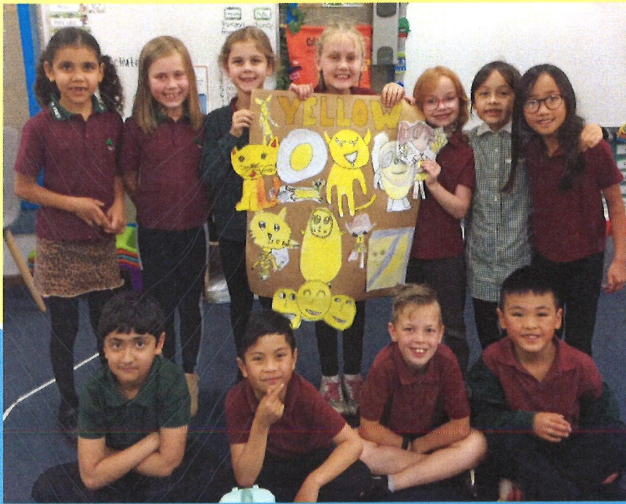
"I liked the coloured lights."

Anaba

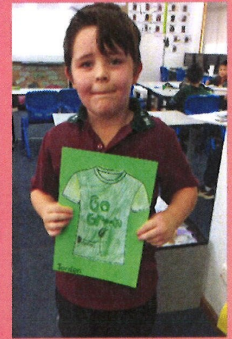
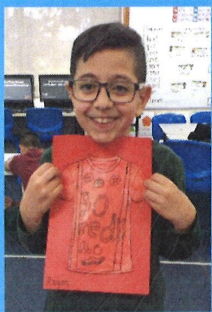


# Rooms 14 & 15

We have been very excited for Sports Day in Rooms 14 & 15 this year! To help us get ready to support our teams we have been practicing our health hustle, chants and Sports Day events. We have also had lots of fun designing a team t-shirt and a mascot.



# Getting ready for Sports Day!



# Student Leaders

## Year 4 STEM Project

This year the Year 4 classes have been learning about sustainable gardens. This has included learning about and developing wicking beds with Mr Mark.

Each class has learnt about how to make a wicking garden bed and what to plant in them.

Students in Year 4 will be watching their wicking beds closely during Term 4 as their seeds start to grow and develop into healthy food.

Here is some information from our Year 4 students about how the classes made the wicking beds.

## How we made the wicking beds

Caitlin and Kayne from Room 23



When we started we just had some empty garden beds. We had to think about what we were going to do with them. We also had to think about what we needed to do to make a garden. At this point we didn't even know that we were going to be making wicking beds.



We started to learn about wicking beds. We watched some videos about wicking beds that taught us how to build them. We also found out that if we made wicking beds we wouldn't have to go out and water them every day. This is because water is kept in the bottom of the wicking bed so the plant's roots can drink the water stored at the bottom.

We had to measure the empty garden beds to know how much carpet, plastic, pipe, scoria and soil we would need to make the empty gardens into wicking beds.



To make the wicking beds Mr Mark put some carpet mat in the bottom of the wicking beds. The carpet stops other plants coming up into our garden bed. The carpet also stops rocks from puncturing the next layer that is made of plastic.



Next we put black plastic on top of the carpet. The plastic helps the wicking beds keep the water in it so it does not leak out into the ground.

In this picture, we are holding the plastic down so that Mr Mark can staple the plastic to the wood.



We helped Mr Mark put PVC pipes in the beds by holding them down while he was screwing into the wood to hold the pipes in place. The pipes give water to the wicking beds. We put a lid on the end of the PVC pipe so that mosquitos don't lay their eggs in the water.



After that we helped Mr Mark put scoria in the wicking beds. Scoria is volcanic rock. The scoria helps keep the pipes from wriggling around. The scoria also helps the water to be able to flow through the bottom of the wicking bed and go up to the soil and to our plants.



Then Mr Mark helped everyone to fill buckets and put the soil in the wicking beds. The soil was about 30-40cm deep. It was fun but hard to carry all the buckets of soil up to the wicking bed. It was also good exercise. Some of us got sore legs from all the exercise!

Now our wicking beds are ready for planting!

Our class has been researching different plants for our wicking bed. We had to research what types of plants we could grow in this season and in the next season. We had to look at how long it took for each plant to grow. We also had to look at companion plants. Companion planting is knowing what plants can grow with each other and can't grow with each other. For example carrots can be planted with radishes and beans.

Room 23 will be planting carrots, cucumbers, lettuce, corn, beetroot, radish, spring onions, tomatoes, basil and marigolds in our wicking bed. We hope to be able to make salads to eat next term.



## Interview with Mr Mark about Wicking Beds

We noticed that Mr Mark had made some extra wicking beds for some new trees outside the 40s block. We decided to interview Mr Mark to find out what he knows about wicking beds and why he has made extra ones for the new trees.

Amelia and Ruby from Room 30 interviewed Mr Mark to find out more.



Ruby, Amelia, Caitlin and Kayne pointing to the wicking bed watering pipe.

### The Interview with Mr Mark:

**Question:** What reason did you make more wicking beds?

**Answer:** Mr Mark got the idea to plant more trees around the school to make it look nicer and for more shade. He made wicking beds in the pots because they retain more water, so less watering is involved. In the summer, the current pots need to be watered twice a week. The wicking beds mean there is water held underneath the plants in the pots for the roots to reach down to.

**Question:** Did you involve other classes?

**Answer:** Mr Mark used the ideas from the year 4 classes wicking beds to make the new ones.

**Question:** Where did you get all the materials for the wicking beds?

**Answer:** The wine barrels came from Bunnings. All the other materials came from various places. The carpet was from Carpet Choice where you can take spare pieces of carpet for free. The plastic lining, fabric and AGI pipe was from Bunnings. The scoria and soil came from Garden Grove. The soil is a special type of blend for raised garden beds. The sleepers for the edges of the garden beds come from R&M Timber and are called eco sleepers and are safe to use at schools.

**Question:** How much time did it take to make the smaller wicking beds?

**Answer:** It took about half a day. All the equipment needed to be collected. Then the barrels had to be painted, lined and filled up, then the trees had to be put in.

**Question:** Was it hard work to make the wicking beds or was it quite easy?

**Answer:** It was quite easy and enjoyable. Because I enjoy doing that sort of thing.

**Question:** Why were you using the rake on the wicking beds?

**Answer:** To make the soil nice and level and loose and in the right shape to plant the seeds in.

**Question:** What made you think of doing all the wicking beds?

**Answer:** Last year where the wicking beds are we grew potatoes. When it was time to harvest the potatoes, we noticed a lot of roots from the big gum trees in the area. If we just put a garden on top, the gum tree roots would get in and take all the water and space. Because the bottom of the wicking beds are sealed the tree roots won't get in.



The watering pipes and overflow valve on our wicking beds



Room 23 planning what to plant in their wicking beds



Getting the soil ready for planting with a rake



Room 29 planting their wicking beds

## Our School Garden Food Reviews

Did you know that there is delicious food growing in the gardens at The Pines School? Year 5 students from Room 25 have been learning about writing reviews and have reviewed some of the food growing around our school this term.



Ali, Amelia and Jaxon from Room 25

### Strawberries

When we tasted the strawberries they were a bit sour. They were very small and they didn't have much of a strong flavour. Compared to shop bought strawberries they were softer, smaller and not as sweet.

#### Rating

Ali



Jaxon



Amelia



### Sugar Snap Peas

Some peas were quite sweet as some were less sweet. The peas inside the pods were different sizes. Did you know that you can eat the outside shell along with peas inside? They were so delicious, the only bad thing was that we only got two each.

#### Rating

Ali



Jaxon



Amelia



### Carrots

Even though they are quite old carrots, they are still amazingly great. They are a bit hard, harder than shop bought carrots. They are so fresh, crunchy, juicy and quite small. It's quite hard to say bad things about carrots because they are so good!

#### Rating

Ali



Jaxon



Amelia



### Broad Beans

It does not taste good. It starts off crunchy when you first bite into it, then it becomes chewy. If you just eat the very middle bit it tastes much better and less bitter. We think broad beans taste better cooked.

#### Rating

Ali



Jaxon



Amelia



### Cabbage

I love cabbage because the taste is different to everything else. The taste is a little bit bitter. The texture of the cabbage is crunchy. Jaxon really didn't like the taste at all!

#### Rating

Ali



Jaxon



Amelia



### Snow Peas

It tastes crunchy and a bit sweet. As we said for the other peas you can eat the outside of it as well as the inside peas. It tastes so good and it is very juicy.

#### Rating

Ali



Jaxon



Amelia



# SAPSASA NETBALL CARNIVAL

In week 8, the SAPSASA Netball Carnival commenced at Priceline Stadium. There were 10 metro teams who participated in the 3-day event. Two of our Year 7 students, Hayley and Madde, made the Div 1 Para Districts team while Miss B coached the Div 2 Salisbury East team. The Para Districts team came equal 6<sup>th</sup> place with Onka South and the Salisbury East team came 8<sup>th</sup>. Hayley and Madde said "It is a great carnival to be involved in with lots of opportunities to show off your skills and meet new girls from other schools. If you want to try out for the SAPSASA netball team when you are in Years 6 and 7 definitely give it a go!"

Well done to the girls for displaying our school values on and off the court. 😊



masterpass

TIP OF THE WEEK

## Q. How do I cancel food orders that have already been paid for?

### A. To cancel a food order from your itemized eReceipt:

1. Open Qkr! and tap Activity.
2. Scroll down to 'Order History' and sign in with your password.
3. Tap the red circle with a minus symbol on the order to be cancelled. Select the entire order or individual items to cancel and tap 'OK'.
4. If your eReceipt contains food orders for more than one child, you will need to cancel one by one.

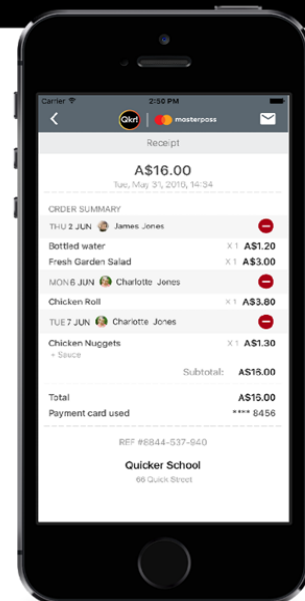
### OR

### To cancel a food order from the calendar view:

1. Open Qkr! and select the relevant menu.
2. Tap on the tick icon on the date for which you want to cancel the order.
3. Tap the red circle with a minus symbol on the order to be cancelled. Select the entire order or individual items to cancel and tap 'OK'.

Cancelled items are shown in red on your eReceipt confirming they have been cancelled and a credit is available for future food orders. The value of any credits will be automatically deducted from your next Qkr! food order.

Please contact your school office to cancel any other (non-food) school payments according to school policy.





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Languages education  
since 1986

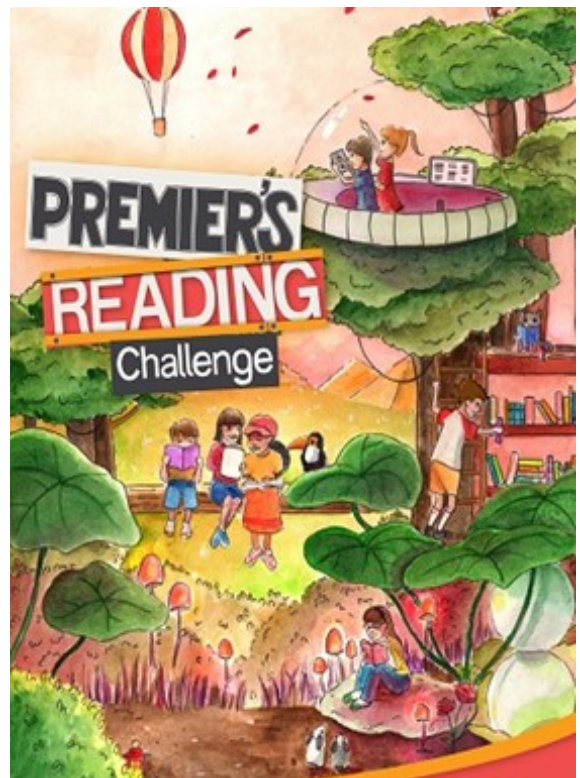
**Access | Choice | Continuity**



School of Languages has released the 2021 Timetables for Reception - Year 6. For a Prospectus please see Ms Bridget in the Front Office.

## Premier's Reading Challenge

Ms Gina and Mrs Girgolas say a big thank you and congratulations to the students who have completed the Premier's Reading Challenge. It is great that students have made the commitment to read 12 books or more this year because the more they read the more words (vocabulary) they learn and this helps with all learning across the curriculum. The medals and certificates will be issued as soon as they arrive at our school. Thanks to Ms Gina for her organisation around the PRC each year.



# COMMUNITY NEWS



## "Say Cheese"



MSP Photography  
are on their way!!!

School Photo Day is:

**FRIDAY, 16<sup>TH</sup> OCTOBER and MONDAY, 19<sup>TH</sup> OCTOBER**

**Have your child's school memories captured forever.**

Please take time to read the relevant information on the MSP payment envelopes & remember these helpful points:

- Don't seal envelopes inside each other – You can pay for all children in one envelope however each child needs to have their own envelope on photo day.
- Use the Shootkey on your envelope to order online!
- Family envelopes are available at the school office upon request.
- Please enclose correct money as no change is given – cash, cheques and money orders only. Credit card payments can only be made online.

Please feel free to visit our web site  
[www.msp.com.au](http://www.msp.com.au)

For photo enquiries Phone: (08) 8132 1148 or Email: [enquiries.adl@msp.com.au](mailto:enquiries.adl@msp.com.au)



The Salisbury West Cricket Club is looking to form our very own girls' cricket teams! We are seeking a minimum 7 girls aged 12 or under as at 31 August 2020 and/or a minimum of 9 girls aged 16 or under as at 31 August 2020.

Matches played on Friday evenings from October-March.

The first 7 girls to register will receive their very own Strikers branded helmet.

For more info or to register, visit [playcricket.com.au](http://playcricket.com.au)



**PLAYCRICKET.COM.AU**



**SEASON STARTS 10TH OCT**  
REGISTRATIONS FROM 11AM

JNR TRAINING SATURDAYS 12:45PM - 3PM

POINT MALCOM RESERVE, MILITARY ROAD, SEMAPHORE PARK, S.A. 5019

COME AND TRY SESSIONS available till 19th Dec  
\$20.00 for 3 sessions (non consecutive sessions ok)

WHAT TO BRING: Long Sleeve Training Top, Broad Brimmed Hat, Sunscreen, Water Bottle, Bathers, Towel and Goggles.

COME TO THE CLUB FOR OUR PRE-REGISTRATION SESSION  
ON FRIDAY 25TH SEPTEMBER 4PM TO 6PM  
OR



SEE OUR COME AND TRY PAGE ON OUR WEBSITE  
for more information, downloadable  
info sheets, and registration forms

<http://semaphoreslsc.com.au/nippers-come-and-try/>

Alternatively E-mail [registrar@semaphoreslsc.com.au](mailto:registrar@semaphoreslsc.com.au)

# HAVE A BLAST!

NORTH PINES CRICKET CLUB, Andrew Smith Drive  
Saturday 10.30am-11.30am, 17 Oct – 12 Dec

SALISBURY WEST CRICKET CLUB, Londonderry Ave  
Wednesday 5pm-6pm, 21 Oct – 9 Dec

Visit [playcricket.com.au](http://playcricket.com.au) to register

OFFICIAL KIDS PROGRAM

**YOU COULD PLAY FOR FREE!**

\*Based on program RRP of \$99

**SPORTS VOUCHERS**

sportsvoucher.sa.gov.au